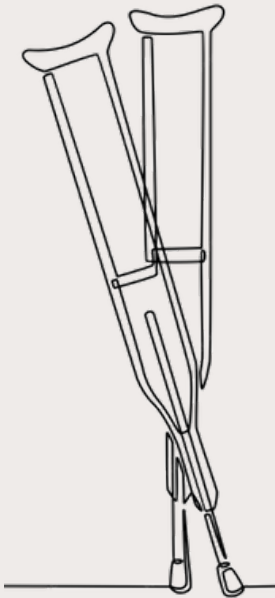


# INJURIES HAPPEN...

No one expects to get injured. Navigating school is hard enough. Seemingly simple tasks like walking become extremely difficult. Hopefully, some of these tips will help make your transition a little easier.



**For more information or  
other questions visit:  
[class.wfu.edu](http://class.wfu.edu)**

## Campus Resources

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### DEACON HEALTH

336.758.5218

Reynolds Gymnasium  
Wellbeing Center, Ground Floor

### TRANSPORTATION & PARKING SERVICES

336.758.7275

[parking@wfu.edu](mailto:parking@wfu.edu)  
138 Alumni Hall

### CENTER FOR LEARNING, ACCESS, AND STUDENT SUCCESS (CLASS)

336.758.5929

[class@wfu.edu](mailto:class@wfu.edu)  
118 Reynolda Hall

### OFFICE OF RESIDENC LIFE & HOUSING (RL&H)

336.758.5185

[housing@wfu.edu](mailto:housing@wfu.edu)  
Suite 001 Angelou Hall

### OFFICE OF ACADEMIC ADVISING (OAA)

336.758.3320

[undergraduateadvising@wfu.edu](mailto:undergraduateadvising@wfu.edu)  
125 Reynolda Hall

# INJURED AT WFU?



We can help!

# Tips for those on crutches

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- Allow extra time to get everywhere.
- Wear a backpack.
- Invest in crutch accessories such as: crutch tips, crutch cushioning, and caddies. These items can be found online.
- Stairs are everywhere, but there are more accessible routes on campus ([map.wfu.edu](http://map.wfu.edu)).
- Keep exercising.
- Plan ahead and don't be afraid to ask for help.

# Getting food

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Sometimes you may be too exhausted to get food on campus, so here are some useful apps and programs that can help.

- TakeOut Central
- Uber Eats
- Grubhub
- Door Dash
- CAMPUS DINING - not feeling well or can't make it to the Pit? A friend can grab a to-go box for you! They just need your ID #.

# ON CAMPUS HOUSING

RL&H can assist with temporary and accessible housing accommodations, as space permits.

# OPENING DOORS

CLASS can help with having your Deacon OneCard activated so that doors automatically open for you!

# CARRYING FOOD

Need help carrying your food or drinks in the PIT? CLASS can connect you with ARAMARK staff who can assist you.

# NAVIGATING CAMPUS

If you haven't already, contact your insurance company to see if they offer financial support for a scooter. In the meantime, a scooter is available for short-term use through the Admissions Office. Contact Admissions at 336-758-5201

# PARKING

You may be able to get a temporary parking pass on campus, once DH notifies Transportation and Parking Services of your specific parking needs.

# MISSING CLASS

A member from the Office of Academic Advising can serve as a liaison with your faculty members regarding absence due to a temporary disability.

# FACULTY

Notify your faculty members that you may need accommodations in the classroom setting, such as missing class due to an off-campus appointment or having to sit up front. Suggest zoom meetings if you think that you will not be able to make office hours.